ਮਾਂਝ ਮਹਲਾਂ ੩ ॥

Maajh, Third Mehl:

ਮਨਮੁਖ ਪੜਹਿ ਪੰਡਿਤ ਕਹਾਵਹਿ॥

The self-willed manmukhs read and recite; they are called Pandits-spiritual scholars.

ਦੂਜੈ ਭਾਇ ਮਹਾ ਦੁਖੁ ਪਾਵਹਿ॥

But they are in love with duality, and they suffer in terrible pain.

ਬਿਖਿਆ ਮਾਤੇ ਕਿਛੂ ਸੁਝੈ ਨਾਹੀ ਫਿਰਿ ਫਿਰਿ ਜੂਨੀ ਆਵਣਿਆ ॥੧॥

Intoxicated with vice, they understand nothing at all. They are reincarnated, over and over again. ||1||

ਹਉ ਵਾਰੀ ਜੀਉ ਵਾਰੀ ਹਉਮੈ ਮਾਰਿ ਮਿਲਾਵਣਿਆ ॥

I am a sacrifice, my soul is a sacrifice, to those who subdue their ego, and unite with the Lord.

ਗੁਰ ਸੇਵਾ ਤੇ ਹਰਿ ਮਨਿ ਵਸਿਆ ਹਰਿ ਰਸੁ ਸਹਜਿ ਪੀਆਵਣਿਆ ॥੧॥ ਰਹਾਉ ॥

They serve the Guru, and the Lord dwells within their minds; they intuitively drink in the sublime essence of the Lord. ||1||Pause||

ਵੇਦੁ ਪੜਹਿ ਹਰਿ ਰਸੁ ਨਹੀ ਆਇਆ ॥

The Pandits read the Vedas, but they do not obtain the Lord's essence.

ਵਾਦ ਵਖਾਣਹਿ ਮੋਹੇ ਮਾਇਆ ॥

Intoxicated with Maya, they argue and debate.

ਅਗਿਆਨਮਤੀ ਸਦਾ ਅੰਧਿਆਰਾ ਗੁਰਮੁਖਿ ਬੁਝਿ ਹਰਿ ਗਾਵਣਿਆ ॥੨॥

The foolish intellectuals are forever in spiritual darkness. The Gurmukhs understand, and sing the Glorious Praises of the Lord. ||2||

ਅਕਥੋ ਕਥੀਐ ਸਬਦਿ ਸਹਾਵੈ॥

The Indescribable is described only through the beauteous Word of the Shabad.

ਗਰਮਤੀ ਮਨਿ ਸਚੋਂ ਭਾਵੈ॥

Through the Guru's Teachings, the Truth becomes pleasing to the mind.

ਸਚੋਂ ਸਚੂ ਰਵਹਿ ਦਿਨੂ ਰਾਤੀ ਇਹੂ ਮਨੂ ਸਚਿ ਰੰਗਾਵਣਿਆ ॥੩॥

Those who speak of the truest of the true, day and night-their minds are imbued with the Truth. ||3||

ਜੋ ਸਚਿ ਰਤੇ ਤਿਨ ਸਚੋਂ ਭਾਵੈ॥

Those who are attuned to Truth, love the Truth.

ਆਪੇ ਦੇਇ ਨ ਪਛੋਤਾਵੈ॥

The Lord Himself bestows this gift; He shall not take it back.

ਗੁਰ ਕੈ ਸਬਦਿ ਸਦਾ ਸਚੁ ਜਾਤਾ ਮਿਲਿ ਸਚੇ ਸੁਖੁ ਪਾਵਣਿਆ ॥੪॥

Through the Word of the Guru's Shabad, the True Lord is known forever; meeting the True One, peace is found. ||4||

ਕੁੜੂ ਕੁਸਤੂ ਤਿਨਾ ਮੈਲੂ ਨ ਲਾਗੈ॥

The filth of fraud and falsehood does not stick to those,

ਗੁਰ ਪਰਸਾਦੀ ਅਨਦਿਨੁ ਜਾਗੈ॥

who, by Guru's Grace, remain awake and aware, night and day.

ਨਿਰਮਲ ਨਾਮੂ ਵਸੈ ਘਟ ਭੀਤਰਿ ਜੋਤੀ ਜੋਤਿ ਮਿਲਾਵਣਿਆ ॥੫॥

The Immaculate Naam, the Name of the Lord, abides deep within their hearts; their light merges into the Light. ||5||

ਤ੍ਰੈ ਗੁਣ ਪੜਹਿ ਹਰਿ ਤਤੁ ਨ ਜਾਣਹਿ॥

They read about the three qualities, but they do not know the essential reality of the Lord.

ਮੁਲਹੁ ਭੁਲੇ ਗੁਰ ਸਬਦੂ ਨ ਪਛਾਣਹਿ॥

They forget the Primal Lord, the Source of all, and they do not recognize the Word of the Guru's Shabad.

ਮੋਹ ਬਿਆਪੇ ਕਿਛੁ ਸੂਝੈ ਨਾਹੀ ਗੁਰ ਸਬਦੀ ਹਰਿ ਪਾਵਣਿਆ ॥੬॥

They are engrossed in emotional attachment; they do not understand anything at all. Through the Word of the Guru's Shabad, the Lord is found. ||6||

ਵੇਦੂ ਪੁਕਾਰੈ ਤ੍ਰਿਬਿਧਿ ਮਾਇਆ ॥

The Vedas proclaim that Maya is of three qualities.

ਮਨਮੁਖ ਨ ਬੁਝਹਿ ਦੂਜੈ ਭਾਇਆ ॥

The self-willed manmukhs, in love with duality, do not understand.

ਤ੍ਰੈ ਗੁਣ ਪੜਹਿ ਹਰਿ ਏਕੁ ਨ ਜਾਣਹਿ ਬਿਨੁ ਬੁਝੇ ਦੁਖੁ ਪਾਵਣਿਆ ॥੭॥

They read of the three qualities, but they do not know the One Lord. Without understanding, they obtain only pain and suffering. ||7||

ਜਾ ਤਿਸੂ ਭਾਵੈ ਤਾ ਆਪਿ ਮਿਲਾਏ ॥

When it pleases the Lord, He unites us with Himself.

ਗੁਰ ਸਬਦੀ ਸਹਸਾ ਦੁਖੁ ਚੁਕਾਏ ॥

Through the Word of the Guru's Shabad, skepticism and suffering are dispelled.

ਨਾਨਕ ਨਾਵੈ ਕੀ ਸਚੀ ਵਡਿਆਈ ਨਾਮੋ ਮੰਨਿ ਸੁਖੁ ਪਾਵਣਿਆ ॥੮॥੩੦॥੩੧॥

O Nanak, True is the Greatness of the Name. Believing in the Name, peace is obtained. ||8||30||31||